Freewheelers routes

Coffee Stop cafe	Coffee stop location	Distance / miles	Ascent / feet	Route	Distance / Km	Ascent / metres
Art Café	Pottersbury	25	681	https://connect.garmin.com/app/course/523627708	40.2	208
Briary Barn Café	Blisworth	28.01	862	https://connect.garmin.com/app/course/522694530	45.1	263
Forge Café Whittlebury	Whittlebury	25.74	750	https://connect.garmin.com/app/course/523576083	41.4	229
Harrold Country Park	Harrold	28.39	799	https://connect.garmin.com/app/course/523573831	45.7	244
Grounds Café	Salcey Forest	20.91	640	https://connect.garmin.com/app/course/524896178	33.7	195
Waterside Café	Stoke Bruerne	25.6	825	https://connect.garmin.com/app/course/524882536	41.2	251
National Trust Stowe Gardens Café	Stowe	30.66	1,110	https://connect.garmin.com/app/course/522705233	49.3	338